

Group Agreements

Our groups agreement are...

1. One mic – only 1 person speaking at a time
2. Respect privacy
3. Step up, step back
4. No judgement
5. Lead with empathy
6. Meet people where they're at
7. Use 'I' statements... Speak for yourself, not the whole group
 - a. But be mindful of 'I' statements
 - b. Use positive and affirming 'I' statements