

## Doris F. Chang

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### ACADEMIC TRAINING

**Harvard Medical School**, Department of Social Medicine  
NIMH Postdoctoral Fellow in Clinically-Relevant Medical Anthropology, 2000-2002  
*Specialty Areas:* Asian American Mental Health; Ethnic Disparities in Mental Health Care.  
Advisors: Byron Good, Ph.D., Mary-Jo Delvecchio Good, Ph.D., Arthur Kleinman, M.D.

#### **The University of California, Los Angeles**

Ph.D., Clinical Psychology, 2000

*Minor Area:* Psychocultural Studies/Anthropology, Measurement

Advisors: Stanley Sue, Ph.D., Hector Myers, Ph.D.

- *Dissertation:* The cultural validity of neurasthenia: Psychiatric diagnosis and illness beliefs in a Chinese primary care sample
- *APA Accredited Internship:* Pacific Clinics, Pasadena, CA (1999-2000)

M.A., Clinical Psychology, 1996

- *Thesis:* Effects of race and problem type of assessments of student behavior
- Stanley Sue Award for Excellence in Research, Outstanding Master's Thesis, 1996

#### **The University of Texas at Austin**, College of Arts and Sciences

B.A., Plan II Honors Program, 1994

*Concentrations:* Psychology and Asian Studies

Advisor: Susan Cross, Ph.D.

- *Honors thesis:* A comparison of the relationship between sex-role attitudes and self-esteem among elementary schoolchildren in Taiwan and the United States
- *Phi Beta Kappa*, 1994; Deans Distinguished Graduate- one of 12 seniors recognized for their leadership, scholarly achievements, and service to the community.

### ACADEMIC APPOINTMENTS

2019-present Associate Professor, Silver School of Social Work, New York University  
2018 Visiting Scholar-in-Residence, Center for Society, Health, and Medicine, NYU Shanghai  
2016-2019 Director of Clinical Training, Dept. of Psychology, New School for Social Research  
2011-2019 Associate Professor, Department of Psychology, New School for Social Research  
2014-2016 Voluntary Faculty, Department of Psychiatry, Beth Israel Medical Center  
2012 Visiting Professor, Department of Applied Psychology, New York University  
2011-2013 Director, Ethnicity and Race minor, Eugene Lang College, the New School  
2004-2011 Assistant Professor, Department of Psychology, New School for Social Research  
2009-present Affiliate, Center of Excellence in Cultural Competence, NY State Psychiatric Institute  
2002-2004 Assistant Professor, Department of Psychology, Ohio University  
1997-1998 Visiting Scholar, Mental Health Institute, Hunan Medical University, China

## LICENSES AND CERTIFICATIONS

- 2014-2015 Compassion-based Psychotherapy, Certificate Program in Contemplative Psychotherapy, Nalanda Institute for Contemplative Science, NYC  
2013-2014 Mindfulness-based Psychotherapy and Self-Healing, Certificate Program in Contemplative Psychotherapy, Nalanda Institute for Contemplative Science, NYC  
2005-present Licensed Psychologist, State of New York #016520  
2004-2006 Licensed Psychologist, State of Ohio #6001

## RESEARCH AND CLINICAL INTERESTS

Interventions to address ethnic disparities in mental health care and education; Mindfulness-based critical consciousness training for clinicians and teachers; psychotherapy process and outcome in cross-cultural/cross-racial therapy; sociocultural influences on illness experience, assessment, and treatment of psychological and social problems; indigenous coping and culturally-adapted treatments for Chinese immigrants; mental health care in China; mindfulness and acceptance-based approaches to reducing intergroup conflict and improving well-being for communities of color.

## FELLOWSHIP AND GRANT SUPPORT

Under Review:

- 2019 **Consultant**, “Implementing REACH among Alzheimer’s Dementia Caregivers with Limited English Proficiency via Web-based Interpreter-Negotiated Services (WINS)” (MPIs: Roberto Lewis-Fernandez, Jinyu Liu), Amount: \$49,994. Pilot Grant Awards (2019) for Research on Alzheimer’s Disease, Aging, and Related Disorders. Taub Institute for Research on Alzheimer’s Disease and the Aging Brain, Columbia University Medical Center.

Active Support:

- 2019-2021 **Multiple Principal Investigator**, “Building a Better World: Infusing Mindfulness at the Intersections of Design, Psychology, and Management. University Fellowship to advance cross-disciplinary pedagogy, scholarship or creative practice, The New School. (MPIs: Chang, Poonamalee, Christian), Total Award: 2 course releases per faculty and \$26,000 programming budget. *[Returned due to resignation from the university]*
- 2018-2020 **Principal Investigator**, “Mindfulness-based Critical Consciousness Training for Teachers (MBCC-T): Development, Pilot Test, and Comparison to Two Control Groups”, PEACE Grant, Mind & Life Institute. Amount: \$99,999
- 2018-2019 **Faculty Co-applicant**, “Mindfulness and Contemplative Practices to Support Faculty Well-Being and the Fostering of Inclusion and Equity in the Classroom” (PI: Christian), Team Mentoring Grant, The New School. Amount: \$5000
- 2009-present **Co-Investigator and Consultant**, “A Novel Approach to Verbal Interpreting and Cultural Brokering Using Videoconferencing” (PI: Roberto Lewis-Fernandez), New York State Office of Mental Health, Center of Excellence for Cultural Competence. Amount: \$6000-10000 annually

Past Support:

- 2015-2018 **Co-Investigator**, “Examining Factors for Interpreter Use among Spanish and Mandarin-speaking Mental Health Consumers with Limited English Proficiency” (PI: Oscar Jimenez-Solomon), New York State Office of Mental Health (C00841) and National Alliance on Mental Illness.
- 2014 **Principal Investigator**, “Chinese Taoist Therapy for Generalized Anxiety Disorder”, Society for Psychotherapy Research, Small Grants Award. Amount: \$2000
- 2010-2013 **Principal Investigator**, “Chinese Taoist Cognitive Psychotherapy: Adaptation and Application to Chinese Immigrants with Generalized Anxiety Disorder”, Asian American Psychological Association- American Psychological Foundation, Okura Mental Health Leadership Foundation Fellowship. Amount: \$20,000
- 2012-2013 **Recipient**, Mutual Mentoring Grant to fund participation in projects that support professional growth or career advancement and explore topics such as teaching, research, tenure, or work-life balance, The New School. Amount: \$1,200
- 2009-2010 **Research Consultant**, Asian American Center on Health Disparities Research (PI: Nolan Zane), National Institute of Mental Health grant: 1P50MH073511-01A2. Amount: \$7,000
- 2009-2010 **Principal Investigator**, “Chinese Taoist Cognitive Psychotherapy: An Indigenous Healing Approach”, The New School Faculty Development Fund. Amount: \$10,000
- 2006-2007 **Co-Investigator**, “Developing an empirically-based and culturally-sensitive treatment program for Asian immigrant male batterers”, Workshop Proposal, Columbia University School of Social Work’s Social Intervention Group, with support from the National Institute of Drug Abuse, National Institutes of Health. Amount: \$5,000
- 2006 **Faculty Advisor**, American Psychological Association of Graduate Students Committee on Ethnic Minority Affairs small grant to support the evaluation of programs designed to recruit and retain graduate students of color. Amount: \$500
- 1997-1999 **Principal Investigator**, “The cultural validity of neurasthenia: Psychiatric diagnosis and illness beliefs in a Chinese primary care sample”, Graduate International Fellowship, National Security Education Program. Amount: \$13,730
- 1997-1998 **Principal Investigator**, “Explanatory Models of Illness and Help-seeking Strategies in a Chinese Cultural Context”, Program for Advanced Study and Research in China, American Council of Learned Societies. Amount: \$17,220
- 1997-1998 **Principal Investigator**, “Explanatory Models of Illness and Help-seeking Strategies in a Chinese Cultural Context”, UCLA International Studies and Overseas Programs Fieldwork Fellowship. Amount: \$6,900
- 1994-1995 **Minority Training Grant** (PI: Hector Myers), National Institutes of Health (NIH)
- 1995-1997 **Minority Graduate Research Assistant Supplement** (Co-PIs: Iris Tan Mink, Kaz Nihira), National Institute of Child Health and Human Development

Unfunded Submissions:

- 2018 **Multiple Principal Investigator**, “Implementing REACH among Alzheimer’s Dementia Caregivers with Limited English Proficiency via Web-based Interpreter Negotiated Services” (Multiple PI: Roberto Lewis-Fernández), R21 submitted to National Institutes on Aging (NIA). Direct Costs: \$274,656
- 2015 **Principal Investigator**, “Mindfulness-Based Cultural Competence Training for Teachers (MBCC-T): Development and Pilot Test with K-3 teachers”, submitted to

- American Psychological Foundation, F.I.S.H. Foundation Visionary Grant. Total Costs: \$20,000
- 2015 **Principal Investigator**, “Mindfulness-Based Cultural Competence Training for Teachers (MBCC-T): Development and Pilot Test with K-3 teachers”, submitted to Spencer Foundation. Total Costs: \$49,935
- 2014 **Principal Investigator**, “Patient-Centered Interpreter-Negotiated Care for Individuals with Limited English Proficiency” (Co-PI Roberto Lewis-Fernandez), Patient Centered Outcomes Research Initiative (PCORI). Total Costs: \$1,306,176
- 2008 **Principal Investigator**, “Domestic Violence in Chinese Immigrant Communities”, National Institutes of Mental Health (R01).

## AWARDS AND HONORS

- 2018 Fellow, Asian American Psychological Association
- 2015 The New School Award for Outstanding Achievements in Diversity and Social Justice Teaching
- 2012 American Psychological Association’s Leadership Institute for Women in Psychology
- 2009- 2011 Nominee/Finalist, New School Distinguished University Teaching Award
- 2008, 2009 Fellow, APA Science Leadership Conference
- 2006 Early Career Award for Distinguished Contributions, Asian American Psychological Association
- 1996 Stanley Sue Award for Excellence in Research, Outstanding Master’s Thesis, UCLA
- 1994 Phi Beta Kappa, University of Texas at Austin

## COURSES

Graduate Courses, New School for Social Research

- Clinical Practicum: Working with Diverse Populations (doctoral)
- Ethnicity in Theory and Clinical Practice (doctoral)
- Assessment of Individual Differences (masters)
- Diagnostic Testing I (doctoral)
- Integrating Research and Clinical Practice (doctoral)

Undergraduate Courses, Eugene Lang College, The New School

- Mindfulness and Social Justice
- Culture, Ethnicity, and Mental Health

## EDITED JOURNALS

Ryder, A., Chentosova-Dutton, Y., Chang, D.F., & Butler, E. (Special issue Eds.) (2013). Contextual shaping of health and well-being: Contributions from cultural-clinical psychology. Special Issue, *Frontiers in Cultural Psychology*.

Chang, D.F., Good, M.J.D.V., & Good, B. (Special issue Eds.) (2003). The politics of science: Culture, race, ethnicity, and the supplement to the Surgeon General’s report on mental health. Special Issue, *Culture, Medicine and Psychiatry*, 27(4).

**ARTICLES IN PEER-REVIEWED JOURNALS** (\*graduate students under my supervision)

1. \*Benjamin, T., Chang, D.F., & Steele, M. (In press). Fa'a'amu kinship care in Tahiti: a qualitative study of experiences and adult well-being. *Adoption Quarterly*.
2. \*Somerville, W., \*Marcus, S., & Chang, D.F. (In press). Multicultural competence-focused peer supervision: A mixed methods study of psychology trainees. *Journal of Multicultural Counseling and Supervision*.
3. Sahdra, B., Ciarrochi, J., Parker, P.D., Craven, R., Brockman, R., Devine, E.K., Conigrave, J., & Chang, D.F. (In press). Discrimination as a frame-of-reference effect in overlapping friendship communities of ethnically diverse youth. *Cultural Diversity and Ethnic Minority Psychology*
4. Chang, D.F., \*Feldman, K., & \*Easley, H. (2017). "I'm learning to not tell you": Adult Korean transracial adoptees' appraisals of White parents' racial socialization strategies and their perceived effects. *Asian American Journal of Psychology*, 8(4), 308-322.
5. \*Okun, L., Chang, D.F., \*Kanhai, G., \*Dunn, J., & \*Easley, H. (2017). Inverting the power dynamic: The process of first sessions of psychotherapy with therapists of color and non-Latino white patients. *Journal of Counseling Psychology*. 64(4), 443-452.
6. Chang, D.F., Hung, T., \*Ng, N., \*Ling, A., Chen, T., Cao, Y., & Zhang, Y. (2016). Taoist Cognitive Therapy: Treatment of Generalized Anxiety Disorder in a Chinese Immigrant Woman. *Asian American Journal of Psychology*, 7(3), 205-216.
7. Ruglass, L. M., Hien, D. A., Hu, M, Campbell, A. N. C., Caldeira, N., Miele, G. M., & Chang, D. (2014). Racial/ethnic match and treatment outcomes for women with PTSD and substance use disorders receiving community-based treatment. *Community Mental Health Journal*, 50(7), 811-822.
8. Yeung, A., & Chang, D.F. (2014). Mood disorders in Asians. *Asian Journal of Psychiatry*, Special issue on Adult Psychopathology, 7, 71-73.
9. Chang, D.F., & \*Yoon, P. (2011). Clients' perceptions of the significance and impact of race in cross-racial therapy. *Psychotherapy Research*, 21(5), 567-582.
10. Cao, Y.P., Zhang Y.L., Chang, D.F., Yang, S.C., & Wang, G.Q. (2011). Correlations between self-reported symptoms and psychosocial factors of perpetrators of domestic violence in China: Findings from a population-based sample. *Chinese Medical Journal*, 124(4), 546-550. (In Chinese)
11. Lau, A.S., Chang, D.F., & Okazaki, S. (2010). Methodological challenges in treatment outcome research with ethnic minorities. *Cultural Diversity and Ethnic Minority Psychology*, 16(4), 573-580.
12. \*Obeid, N., Chang, D.F., & Ginges, J. (2010). Beliefs of wife beating: a Lebanese case. *Violence Against Women*, 16(6), 691-712.
13. Chang, D.F., & \*Berk, A. (2009). Making cross-racial therapy work: A phenomenological study of clients' experiences of cross-racial therapy. *Journal of Counseling Psychology*, 56(4), 521-536.
14. \*Fuller, C., Chang, D.F., & Rubin, L.R. (2009). Sliding under the radar: Passing and power amongst sexual minorities. *Journal of LGBT Issues in Counseling*, 3(2), 128-151.
15. Chang, D.F., Shen, B.J., & Takeuchi, D.T. (2009). Prevalence and predictors of intimate partner violence in Asian Americans. *International Journal of Law and Psychiatry*, 32, 167-175.
16. Cao, Y.P., Zhang, Y.L., Chang, D.F., Wang, G.Q., Zhang, X.H. (2009). Psychosocial and immunological factors in a case-control study of neurasthenia. *Psychosomatics*, 50, 24-29.

17. Chang, D.F. & \*Demyan, A. (2007). Teachers' stereotypes of Asian, Black, and White students. *School Psychology Quarterly*, 22(2), 91-114.
18. Cao, Y., Zhang Y. & Chang, D. F. (2006). A comparison study of domestic violence in Hunan, China. *The Yale-China Health Journal*, 4, 27-44.
19. Breslau, J.A., & Chang, D.F. (2006). Psychiatric disorders among foreign-born and U.S.-born Asians and Pacific Islanders in a U.S. National Survey. *Social Psychiatry and Psychiatric Epidemiology*, 41(12), 943-950.
20. Chang, D.F., Myers, H.F., Yeung, A., Zhang, Y., Zhao, J., & Yu, S. (2005). *Shenjing Shuairuo* and the DSM-IV: Diagnosis, distress, and disability in a Chinese primary care setting. *Transcultural Psychiatry*, 42, 204-218.
21. Chang, D.F., Tong, H., Shi, Q., & Zeng, Q. (2005). Letting a hundred flowers bloom: Counseling and psychotherapy in the People's Republic of China. *Journal of Mental Health Counseling*, 27, 104-116.
22. Yeung, A., Xu, Y., & Chang, D.F. (2005). Prevalence and illness beliefs of sleep paralysis among Chinese patients in primary care. *Transcultural Psychiatry*, 4, 135-145.
23. Yeung, A., Chang, D.F., Gresham, R.L., Nierenberg A.A., & Fava M. (2004). Illness beliefs of depressed Chinese American patients in primary care. *Journal of Nervous and Mental Disease*, 192(4), 324-327.
24. Chang, D.F. (2003). An introduction to the Politics of Science: Culture, race, and ethnicity and the Supplement to the Surgeon General's Report on mental health. *Culture, Medicine and Psychiatry*, 27(4), 273-283.
25. Chang, D.F., & Sue, S. (2003). The effects of race and problem type on teachers' assessments of student behavior. *Journal of Consulting and Clinical Psychology*, 71(2), 235-242.
26. Yeung, A., & Chang, D.F. (2002). Cultural formulation of psychiatric diagnosis. Adjustment disorder: Intergenerational conflicts in a Chinese immigrant family. *Culture, Medicine, and Psychiatry*, 26, 509-525.
27. Chang, D.F., & Kleinman, A. (2002). Growing pains: Mental health care in a developing China. *Yale-China Health Studies Journal*, 1(1), 85-98.
28. Zhang, Y., Young, D., Lee, S., Li L., Zhang, H., Xiao, Z., Hao, W., Feng, Y., Zhou, H., & Chang, D.F. (2002). Chinese Taoist cognitive psychotherapy in the treatment of generalized anxiety disorder in contemporary China. *Transcultural Psychiatry*, 39(1), 115-129.
29. Chang, D.F., Chun, C-A., Takeuchi, D., & Shen, H. (2000). The SF-36 Health Survey: Tests of data quality, scaling assumptions, and reliability in a community sample of Asian Americans. *Medical Care*, 38(5), 542-548.

#### **BOOK CHAPTERS** (\*graduate students under my supervision)

30. \*Somerville, W., \*Williams, S., \*Miao, Y., \*Dunn, J., & Chang, D. F. (In press). Identifying and remediating personal prejudice: What does the evidence say?" In L. Benuto, M. Duckworth, A. Masuda, & W. O'Donohue (Eds.), *Prejudice, Stigma, Privilege, and Oppression: A Behavioral Health Handbook*. Springer.
31. Chang, D.F., \*Miao, I.Y., & Cao, Y.P. (In press). Returning to the source: The development and application of Taoist Cognitive Therapy to Chinese immigrants in the United States. In Y.P. Cao (Ed.), *Psychotherapy and Counseling: Clinical Research and Analysis*. People's Health Publishing House. [In Chinese].

32. Kaplan, J., & Chang, D.F. (2016). Mindfulness in practice: Incorporating mindfulness inside and outside of sessions. In E. Zerbo, A. Schlecter, S. Desai, & P. Levounis (Eds.), *Becoming mindful: Integrating Mindfulness into your Psychiatric Practice* (pp. 61-78). Arlington, VA: American Psychiatric Association Publishing.
33. Lau, A. S., Chang, D.F., Okazaki, S., & Bernal, G. (2016). Psychotherapy research with ethnic minorities: What is the research agenda? (pp. 31-53). In N. W. S. Zane, G. Bernal, & F. T. L. Leong (Eds.) *Evidence-Based Psychological Practice With Ethnic Minorities: Culturally Informed Research and Clinical Strategies*. Washington, DC: APA Books.
34. Shi, Q., Yu, P., Senf, W., & Chang, D. (2015). Counseling and psychotherapy in China: Yang's story. In R. Moodley, M. Sookoor, M., U. Gielen, & R. Wu (Eds.). *Therapy Without Borders: International and Cross-Cultural Case Studies Handbook* (pp. 73-78). Washington, DC: American Counseling Association Books.
35. Chang, D.F., Cao, Y-P., Shi, Q., Wang, C., & Qian, M. (2012). Counseling and psychotherapy in China: Building capacity to serve 1.3 billion (pp. 182-192). In R. Moodley, U. P. Gielen, & R. Wu (Eds.), *Handbook of Counseling and Psychotherapy in an International Context*. Routledge, NY.
36. Yeung, A. & Chang, D.F. (2012). Mood Disorders. In E. Chang (Ed.), *Handbook of Adult Psychopathology in Asians: Theory, Diagnosis, and Treatment* (pp. 108-142). Oxford University Press.
37. Leong, F., Lee, S-H., & Chang, D.F. (2008). Counseling and psychotherapy with Asian Americans: Client and therapist variables. In P.B. Pedersen, J.G. Draguns, W.J. Lonner, & J.E. Trimble (Eds.), *Counseling across Cultures* (6<sup>th</sup> ed.). Thousand Oaks, CA: Sage.
38. Kim, I., Lau, A.S., & Chang, D.F. (2006). Family violence. In F. Leong, A. Inman, A. Ebreo, L. Yang, L. Kinoshita, & M. Fu (Eds.), *Handbook of Asian American Psychology* (pp. 363-378). Thousand Oaks, CA: Sage.
39. Leong, F., Chang, D.F., & Lee, S-H. (2006). Counseling and Psychotherapy with Asian Americans: Process and Outcome. In F. Leong, A. Inman, A. Ebreo, L. Yang, L. Kinoshita, & M. Fu (Eds.), *Handbook of Asian American Psychology* (pp. 429-447). Thousand Oaks, CA: Sage.
40. Li, M., Chang, D.F., Tong, H., & Shang, Z. (2005). A brief history of psychotherapy in China. In Q. J. Shi, Q. F. Zeng, X. C. Sheng & W. Senf (Eds.), *Psychotherapy: Theories and practice*. Beijing: Chinese Medicine Pharmacy Science Publishing House. (In Chinese).
41. Chang, D.F. (2002). Understanding the rates and distribution of mental disorders. In K.S. Kurasaki, S. Okazaki, & S. Sue (Eds.), *Asian American mental health: Assessment theories and methods*. New York: Kluwer Academic Publishers.
42. Chang, D.F., Xu Y., Kleinman, A., & Kleinman, J. (2002). Psychiatric rehabilitation of schizophrenia patients in China: The Shanghai model. In A. Cohen, A. Kleinman, and B. Saraceno (Eds.), *The World Mental Health Casebook* (pp. 27-50). New York: Kluwer Academic Publishers.
43. Kaplan, J.S., Chang, D.F., Abe-Kim, J., & Takeuchi, D.T. (1998). Ethnicity and mental health. In H. Friedman (Ed.), *Encyclopedia of Mental Health*. San Diego: Academic Press.

## TREATMENT MANUALS

44. Chang, D.F., Zhang, Y.L., & Cao, Y.P. (2013). *Clinician's Treatment Manual for Taoist Cognitive Therapy*. Unpublished manuscript.
45. Chang, D.F. (2013). *Patient Workbook: Taoist Cognitive Therapy*. Unpublished manuscript.

#### **OTHER PUBLICATIONS** (\*graduate students under my supervision)

46. Chang, D.F. (2017). Shenjing shuairuo. In A. Wenzel (Ed.), *The SAGE Encyclopedia of Abnormal and Clinical Psychology*. Thousand Oaks, CA: Sage.
47. \*Dunn, J., & Chang, D.F. (2017). Koro. In A. Wenzel (Ed.), *The SAGE Encyclopedia of Abnormal and Clinical Psychology*. Thousand Oaks, CA: Sage.
48. \*Kanhai, G. & Chang, D.F. (2017). Locus Ceruleus and Panic Disorder. In *The SAGE Encyclopedia of Abnormal and Clinical Psychology*. Thousand Oaks, CA: Sage.
49. \*Kanhai, G. & Chang, D.F. (2017). Sexism and Psychological Impact on Men. In K. Nadal (Ed.), *The SAGE Encyclopedia of Psychology and Gender*. Thousand Oaks, CA: Sage.
50. Chang, D.F. (2007). Cultural competency in cognitive therapy. *Advances in Cognitive Therapy*, 7(1), 6.
51. Chang, D.F. (2006). Culture-bound syndromes: *Shenjing shuairuo*. In Y. Jackson (Ed.), *Encyclopedia of Multicultural Psychology*. Thousand Oaks, CA: Sage.
52. Yeung, A., & Chang, D.F. (2006). Somatization. In Y. Jackson (Ed.), *Encyclopedia of Multicultural Psychology*. Thousand Oaks, CA: Sage.

#### **MANUSCRIPTS UNDER REVIEW** (\*graduate students under my supervision)

Chang, D.F., \*Somerville, W., Aragon, R., \*Dimond, J., Boiler, M., \*Thomas, M., Alvarado-Little, W., Hsu, P., Hsieh, E., & Lewis-Fernandez, R. Expanding the role of interpreters in the delivery of culturally-responsive mental healthcare to patients with limited English proficiency. Under review, *International Journal of Social Psychiatry*.

#### **MANUSCRIPTS IN PREPARATION**

- \*Whitney, J., & Chang, D.F. Inner Tradition Made Visible: The interpersonal benefits and effects of meditation practice on close relationships. In preparation, *Mindfulness*.
- Chang, D.F., Hung, T., Chen, T., Cao, Y.P., & Zhang, Y. Taoist Cognitive Therapy for generalized anxiety disorder: Cultural adaptation and pilot test of an indigenous treatment approach for Chinese American immigrants. In preparation, *Frontiers in Cultural Psychology*.
- \*Miao, I.Y., & Chang, D.F. Letting nature take its course: Does a Taoist worldview buffer the effects of acculturative stress in Chinese immigrants? In preparation, *Cultural Diversity and Ethnic Minority Psychology*.
- Chang, D.F., & \*Miao, I.Y. Cultural mindsets and effects on test performance in Chinese immigrant students. In preparation. *Cultural Diversity and Ethnic Minority Psychology*.
- Chang, D.F., & Bitney, C. Broaching racial differences between African American clients and White counselors: Racial identity attitudes and therapy process. In preparation.
- \*Waters, S., \*Huynh, T., \*Malone, T., \*Reyes, L., & \*Chang, D.F. The role of cultural disclosures in engagement: An analysis of first sessions of cross-racial therapy. In preparation.
- Chang, D.F., Lewis-Fernandez, R., Somerville, W., Dimond, J. et al. Bridging cultural distance: Collaborations with interpreters as partners in culturally competent care. In preparation.



**CONFERENCE PRESENTATIONS** (\*graduate students under my supervision) (53 TOTAL)

- Chang, D.F., & \*Dunn, J. (2019, August). "Your people are so hardworking": Clinical experiences and training needs of therapists of color. In D.F. Chang (Chair), *Negotiating Power and Difference in Cross-Racial Teaching, Therapy, Research and Supervision*. Symposium to be presented at the Annual Meeting of the American Psychological Association, Chicago, IL.
- Chang, D.F. (2018, October). Adaptation and development of Taoist Cognitive Therapy. In N. Zane (Chair), *Using Evidence-Based Approaches to Guide the Development of Culturally Adapted Treatments*. Symposium presented at the 5<sup>th</sup> World Congress of the World Association of Cultural Psychiatry, New York, NY.
- Chang, D.F. (2017, October). Overcoming external and internal barriers on the path to tenure. In J. Chang (Chair), *Visibility and Invisibility III: Navigating Minefields and Paving Your Path to Tenure*. Interactive session presented at the annual convention of the Asian American Psychological Association, Las Vegas, NV.
- Chang, D.F. (2017, October). Cultural mindsets and effects on test performance in Chinese immigrant students. In D.F. Chang (Chair), *Mining Traditional Chinese Wisdom: What does Taoism have to offer?* Symposium presented at the annual convention of the Asian American Psychological Association, Las Vegas, NV.
- Chang, D.F., Zane, N., & Blozis, S. (2017, August). All ruptures are not equal: Patient race/ethnicity as a moderator of the rupture-alliance relationship. In D.F. Chang (Chair), *Beyond Cultural Competence: Understanding Ethnic Disparities through Psychotherapy Process Research*. Symposium presented at the annual convention of the American Psychological Association, Washington, D.C.
- \*Soyeju, O, Chang, D.F., & \*Ng., N. (2017, August). Does early phase therapist self-disclosure enhance therapeutic alliance in White therapist-minority client dyads? In D.F. Chang (Chair), *Beyond Cultural Competence: Understanding Ethnic Disparities through Psychotherapy Process Research*. Symposium presented at the annual convention of the American Psychological Association, Washington, D.C.
- Chang, D.F., \*Williams, S., & \*Waters, S. (2017, August). *Building an effective diversity course in psychology: Solutions to common problems*. Skills-building workshop presented at the annual convention of the American Psychological Association, Washington, D.C.
- Chang, D.F. (2016, April). *Enhancing the cultural sensitivity of interventions for anxiety and depression* (Chairs S. Hayes-Skelton & C. Alcantara). Panel discussion conducted at the Anxiety and Depression Conference, the annual meeting of the Anxiety and Depression Association of America.
- \*Huynh, T., \*Ng, N., \*Reyes, L., \*Dunn, J., \*Waters, S., \*Malone, T., Chang, D.F. (2015, February). *Evidence-based strategies for negotiating the early phase of cross-cultural counseling: A skills-building workshop*. Workshop presented at the 32<sup>nd</sup> Annual Winter Roundtable on Cultural Psychology and Education, Teachers College, Columbia University, New York, NY.
- Chang, D.F., \*Ng, N., Hung, T., & Chen, T. (2014, August). Go with the flow: Taoist Cognitive Therapy for generalized anxiety disorder. In *Psychology of Religion: Research across Multiple Religious Traditions*. Paper session presented at the annual convention of the American Psychological Association, Washington, D.C.
- Chang, D.F. (2014, August). Increasing the trustworthiness of qualitative research with member checking. In *Designing and Presenting Research that Embodies the Community's Voice*. Skill-building session presented at the annual convention of the American Psychological Association, Washington, D.C.

- Chang, D.F., & Lewis-Fernandez, R. (2014, February). Innovative strategies to improve access and quality of care to individuals with limited English proficiency. In *The Business Case and Best Practices for Ensuring Language Access*. Symposium presented at the Behavioral Health Reform and Culturally Competent Care: A Closer Look conference, New York City Department of Health and Mental Hygiene and New York Association of Psychiatric Rehabilitation Services (NYAPRS), NY, NY.
- Chang, D.F. (2014, February). The Multicultural Therapy Process Measure: Tools for developing empirically-grounded models of culturally competent care. In D.F. Chang (Chair), *Sharing Parts of Themselves: Patient and Therapist Self-Disclosures, Therapy Process, and Outcomes in Cross-Racial Therapy*. Paper presented at the 31<sup>st</sup> Annual Winter Roundtable on Cultural Psychology and Education, Teachers College, Columbia University, New York, NY.
- \*Waters, S., \*Reyes, L., \*Prout, J., \*Huynh, T., & Chang, D.F. (2014, February). The Role of Cultural Disclosures in Engagement Analysis of First Sessions in Cross-Racial Therapy. In D.F. Chang (Chair), *Sharing Parts of Themselves: Patient and Therapist Self-Disclosures, Therapy Process, and Outcomes in Cross-Racial Therapy*. Paper presented at the 31<sup>st</sup> Annual Winter Roundtable on Cultural Psychology and Education, Teachers College, Columbia University, New York, NY.
- \*Ng, N., \*Prout, J., \*Thomas, B., & Chang, D.F. Understanding Therapist Self-Disclosure in Cross-Racial Therapy. In D.F. Chang (Chair), *Sharing Parts of Themselves: Patient and Therapist Self-Disclosures, Therapy Process, and Outcomes in Cross-Racial Therapy*. Paper presented at the 31<sup>st</sup> Annual Winter Roundtable on Cultural Psychology and Education, Teachers College, Columbia University, New York, NY.
- \*Somerville, W., \*Okun, L., & Chang, D.F. (2014, February). *Social Justice Oriented supervision for Counseling and Psychotherapy Trainees*. Roundtable Discussion presented at the 31<sup>st</sup> Annual Winter Roundtable on Cultural Psychology and Education, Teachers College, Columbia University, New York, NY.
- \*Waters, S.B., Taylor, J., Chang, D.F., & Muran, J.C. (2013, October). *Negotiating cultural identities in the therapeutic relationship: A qualitative analysis*. Paper presented at the Diversity Challenge: Intersections of Race and Culture and Health and Mental Health, Institute for the Study and Promotion of Race and Culture, Boston College, Boston, M.A.
- \*Ng, N., \*Prout, J., \*Thomas, B. & Chang, D.F. (2013, September). *Understanding therapist self-disclosure in cross-racial therapy: A mixed-methods design*. Paper presented at the Diversity Challenge, Boston, MA.
- Chang, D.F. (2013, August). Returning to the source: Taoist Cognitive Therapy for Chinese immigrants with generalized anxiety disorder. In D.F. Chang (Chair), *Beyond Reason: Operationalizing Culture and Spirituality in the Age of EBTs*. Symposium conducted at the Annual Meeting of the American Psychological Association, Honolulu, HI.
- Chang, D.F. (2013, August). Returning to the source: Taoist Cognitive Therapy for Chinese immigrants with generalized anxiety disorder. In D.F. Chang (Chair), *Beyond Reason: Exploring the Healing Potential of Cultural and Spiritual Wisdom in Three Cultural Communities*. Symposium conducted at the Annual Meeting of the Society for the Study of Psychiatry and Culture, Toronto, Canada.
- Chang, D.F., \*Thomas, M., & \*Feldman, K. (2012, August). The Multicultural Therapy Measure: Initial development and predictions of treatment outcome. In D.F. Chang (Chair), *Culturally-Informed Approaches to Conducting Psychotherapy Process Research with Racial/Ethnic Minority Patients*. Symposium conducted at the Annual Meeting of the American Psychological Association, Orlando, FL.
- \*Okun, L., Chang, D.F., \*Feldman, K., \*Thomas, M., & Safran, J. (2012, August). Examining the Working Alliance as a Predictor of Treatment Engagement in Racially/Ethnically Mismatched

- Therapy Dyads. In D.F. Chang (Chair), *Culturally-Informed Approaches to Conducting Psychotherapy Process Research with Racial/Ethnic Minority Patients*. Symposium conducted at the Annual Meeting of the American Psychological Association, Orlando, FL.
- \*Reyes, L., \*Paul, L., & Chang, D.F. (2012, August). The elephant in the room: Effects of broaching race, ethnicity, and culture in cross-racial therapy dyads. In D.F. Chang (Chair), *Culturally-Informed Approaches to Conducting Psychotherapy Process Research with Racial/Ethnic Minority Patients*. Symposium conducted at the Annual Meeting of the American Psychological Association, Orlando, FL.
- \*Thomas, M., Chang, D.F., & Safran, J. (2012, August). Measurement of ruptures in therapy with racial/ethnic minority patients. In D.F. Chang (Chair), *Culturally-Informed Approaches to Conducting Psychotherapy Process Research with Racial/Ethnic Minority Patients*. Symposium conducted at the Annual Meeting of the American Psychological Association, Orlando, FL.
- Chang, D.F., \*Thomas, M., & \*Feldman, K. (2012, June). The Multicultural Therapy Process Coding System: Initial development and predictions of treatment outcome. In D.F. Chang (Chair), *Culturally-Informed Approaches to Conducting Psychotherapy Process Research with Racial/Ethnic Minority Patients*. Symposium conducted at the Annual Meeting of the Society for Psychotherapy Research, Virginia Beach, VA.
- \*Okun, L., Chang, D.F., \*Feldman, K., \*Thomas, M., & Safran, J. (2012, June). Examining the Working Alliance as a Predictor of Treatment Engagement in Racially/Ethnically Mismatched Therapy Dyads. In D.F. Chang (Chair), *Culturally-Informed Approaches to Conducting Psychotherapy Process Research with Racial/Ethnic Minority Patients*. Symposium conducted at the Annual Meeting of the Society for Psychotherapy Research, Virginia Beach, VA.
- \*Reyes, L., \*Paul, L., & Chang, D.F. (2012, June). The elephant in the room: Effects of broaching race, ethnicity, and culture in cross-racial therapy dyads. In D.F. Chang (Chair), *Culturally-Informed Approaches to Conducting Psychotherapy Process Research with Racial/Ethnic Minority Patients*. Symposium conducted at the Annual Meeting of the Society for Psychotherapy Research, Virginia Beach, VA.
- \*Thomas, M., Chang, D.F., & Safran, J. (2012, June). Measurement of ruptures in therapy with racial/ethnic minority patients. Symposium conducted at the Annual Meeting of the Society for Psychotherapy Research, Virginia Beach, VA.
- Chang, D.F., Lewis-Férrandez, & Aragon, R. (2011, August). *Using interpreters as cultural brokers: A new approach to providing culturally competent mental health care for patients with limited English proficiency*. Paper presented at the Annual Meeting of the American Psychological Association, Washington, D.C.
- Chang, D.F., Lewis-Férrandez, & Aragon, R. (2011, April). *Using interpreters as cultural brokers: A new approach to providing culturally competent mental health care for patients with limited English proficiency*. Paper presented at the NIDA conference, Disparities Research to Disparities Interventions: Lessons Learned and Opportunities for the Future of Behavioral Health Services, Pentagon City, VA.
- Chang, D.F. (2010, August). Discussant, *New classifications for mental disorders and their implications for Practitioners: ICD-11, DSM-V, and RDoC*. Presidential Symposium to be conducted at the annual meeting of the American Psychological Association, San Diego, CA.
- \*Fuller, C.F., Chang, D.F., & Rubin, L. (2010, August). Power and passing among sexual minorities. In D.G. Larsen (Chair), *Self-concealment in sexual minorities: Health implications and evolving theory*. Symposium conducted at the annual meeting of the American Psychological Association, San Diego, CA.
- Chang, D.F., \*Bitney, C., & \*Feldman, K. (2009, October). *Strategies for assessing racial/cultural identity and addressing differences in cross-racial therapy*. Workshop conducted at the 9<sup>th</sup>

- Annual Diversity Challenge Conference, Institute for the Study and Promotion of Race and Culture, Boston College, Boston, MA.
- Chang, D.F. (2008, October). Patients' narratives of cross-racial therapy: Implications for bridging cultural distance in multicultural counseling contexts. In D. Xie (Chair), *The internationalization of multicultural counseling*. Symposium conducted at the 5<sup>th</sup> World Congress for Psychotherapy, Beijing, China.
- Chang, D.F. (2008, October). Made in China: The emergence of a psychoanalytic worldview. In T. Smith (Chair), *Culture and Therapy*. Symposium conducted at the 5<sup>th</sup> World Congress for Psychotherapy, Beijing, China.
- Chang, D.F. & \*Berk, A. (2008, August). Client, therapist, and relationship predictors of satisfaction with cross-racial therapy. In D.F. Chang (Chair), *Making Cross-Racial Therapy Work: Findings from a Phenomenological Study of Patients' Experiences of Cross-Racial Therapy*. Symposium conducted at the Annual Meeting of the American Psychological Association, Boston, MA.
- Chang, D.F., \*Berk, A., & \*Hijioka, S. (2008, February). Creating Successful Cross-Racial Therapy Relationships: An Integrative Model. In D.F. Chang (Chair), *Creating Successful Cross-Racial Therapy Relationships: Emerging Findings from a Phenomenological Study of Clients' Experiences of Working with a Racially/Ethnically Different Therapist*. Symposium conducted at the 25<sup>th</sup> Annual Meeting of the Winter Roundtable on Cultural Psychology and Education, Teachers College, Columbia University, NY.
- \*Yoon, P., \*Suero, J., & Chang, D.F. How race matters: Clients' experiences of working with a racially different therapist. In D.F. Chang (Chair), *Creating Successful Cross-Racial Therapy Relationships: Emerging Findings from a Phenomenological Study of Clients' Experiences of Working with a Racially/Ethnically Different Therapist*. Symposium conducted at the 25<sup>th</sup> Annual Meeting of the Winter Roundtable on Cultural Psychology and Education, Teachers College, Columbia University, NY.
- \*Fuller, C., \*Burrell, M., Melwani, P., & Chang, D.F. The elephant in the room: Client perspectives on discussing racial, ethnic, and cultural difference in therapy. In D.F. Chang (Chair), *Creating Successful Cross-Racial Therapy Relationships: Emerging Findings from a Phenomenological Study of Clients' Experiences of Working with a Racially/Ethnically Different Therapist*. Symposium conducted at the 25<sup>th</sup> Annual Meeting of the Winter Roundtable on Cultural Psychology and Education, Teachers College, Columbia University, NY.
- \*Berk, A., Chang, D.F., & \*Hijioka, S. (2006, October). *The immigrant client's experience with a racially different therapist*. Interactive session conducted at the Diversity Challenge 2006: Do Immigrants Catch or Carry Race and Culture? Sponsored by the Institute for the Study and Promotion of Race and Culture, Boston College, Boston, MA.
- Chang, D.F. (2006, September). Cultures in transition: Perspectives on China and the United States. In Liu Xie-he and Xiao Ze-ping (Chairs), *Culture and Psychology: Relating to Chinese*. Symposium conducted at the First World Congress of Cultural Psychiatry, Beijing, China.
- Chang, D.F., Shen, B.J., & Takeuchi, D.T. (2005, November). Intimate Partner Violence in Asian Americans: Findings from the National Latino and Asian American Study. In D.F. Chang (Chair), *Intimate Partner Violence in Asian Families: Findings from the United States and China*. Symposium conducted at the Fourth Pan-Asia Pacific Conference on Mental Health, Shanghai, China.
- Chang, D.F., Shen, B.J., & Takeuchi, D.T. (2005, August). Prevalence and Predictors of Domestic Violence in Asian Americans. In A.S. Lau (Chair), *Vulnerability to Public Health Problems among Asian Americans: Findings from the National Latino and Asian American Study*. Symposium conducted at the annual meeting of the American Psychological Association, Washington, D.C.

- Yeung, A., Chang, D.F., & Fava, M. (2003, October). Illness Beliefs of Depressed Chinese Americans: Implications for Initiating CBT in Asian Americans. In M. Otto (Chair), *Applying CBT across cultures: Symptom presentation and treatment in the affective disorders*. Symposium conducted at the annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- Chang, D.F. (2003, April). *China's growing pains: The search for an indigenous system of mental health care*. Paper presented at the annual meeting of the Ohio Society for Psychotherapy Research, Athens, Ohio.
- Chang, D.F. (2002, August). Family violence in Asian immigrant communities: Ethnographic perspectives on the development of culturally-responsive services. In A. Oh (Chair), *Domestic Violence and the Asian American Family*. Symposium conducted at the 30<sup>th</sup> annual meeting of the Asian American Psychological Association, Chicago, IL.
- Kaplan, J.S., & Chang, D.F. (2001, August). *Racial identities in psychotherapy: Interactions with Asian/White dyads*. Interactive session conducted at the 29<sup>th</sup> annual meeting of the Asian American Psychological Association, San Francisco, CA.
- Chang, D.F., Shewmangal, N., & Fan, S. (2001, August). Domestic violence in Asian American communities: Education, advocacy, and community responses. In K. Nihira (Chair), *Cultural Orientation and Adjustment in Asian Populations*. Symposium conducted at the 109<sup>th</sup> annual meeting of the American Psychological Association, San Francisco, CA.
- Chang, D.F., Myers, H., Zheng, Y-P., Zhang Y., Zhao J-P., Yu, S-Y. (1998, September). Psychiatric disorders in a primary care setting. In *Cross-Cultural Psychiatry*. Symposium conducted at the Second National Psychiatric Conference of the Chinese Medical Association, Chengdu, Sichuan, China (In Chinese).
- Mink, I.T., Nihira, K., & Chang, D.F. (1997, August). Everyday life in Chinese-American immigrant families: Children with and without disabilities. In I. Mink (Chair), *America's Families: Culture, Disability, and Risk*. Symposium conducted at the 105th Convention of the American Psychological Association, Chicago, IL.
- Nihira, K., Chang, D.F., Mink, I.T. (1997, May). From childhood to adolescence in Chinese and Japanese American families: Children with developmental delay. In G. Robinson (Chair), *Multicultural perspectives on MR/DD*. Symposium conducted at the 121st annual meeting of the American Association on Mental Retardation, New York, NY.
- Chang, D.F., Mink, I.T., Nihira, K. (1997, March). The relationship between maternal quality of life, domestic workload and social support: Comparisons between Euro-American and Chinese-American samples. In J. Blacher (Chair), *Dimensions of coping: Over time, across cultures*. Symposium conducted at the Gatlinburg Conference on Research and Theory in Mental Retardation and Developmental Disabilities, Riverside, CA.
- Mink, I.T., Chang, D.F., Nihira, K., Chiang, C. (1996, May). *Chinese American fathers and mothers: Views on family life and mental retardation*. Paper presented at the 120th annual meeting of the American Association on Mental Retardation, San Antonio, TX.

#### **CONFERENCE SESSIONS ORGANIZED AND CHAIRED (18 TOTAL)**

- Chang, D.F. (2019, August). *Negotiating Power and Difference in Cross-Racial Teaching, Therapy, Research and Supervision*. Symposium to be presented at the Annual Meeting of the American Psychological Association, Chicago, IL.

- Chang, D.F. (2018, August). *Applying Mindfulness to Social Justice Work: Coping, Resistance, and Healing for Diverse Communities*. Symposium presented at the Annual Meeting of the American Psychological Association, San Francisco, CA.
- Chang, D.F. (2017, October). *Mining Traditional Chinese Wisdom: What does Taoism have to offer?* Symposium presented at the Annual Meeting of the Asian American Psychological Association, Las Vegas, NV.
- Chang, D.F. (2017, August). *Beyond Cultural Competence: Understanding Ethnic Disparities through Psychotherapy Process Research*. Symposium presented at the Annual Meeting of the American Psychological Association, Washington, D.C.
- Chang, D.F. (2015, August). *How has the Multicultural Competence Movement Made a Difference? Where should we go from here?* Symposium presented at the Annual Meeting of the American Psychological Association, Toronto, ON, Canada.
- Chang, D.F. (2015, August). *Navigating the Tenure Process: Stories and Suggestions from Recently Tenured Faculty*. Interactive discussion conducted at the Annual Meeting of the American Psychological Association, Toronto, ON, Canada.
- Chang, D.F. (2014, February). *Sharing Parts of Themselves: Patient and Therapist Self-Disclosures, Therapy Process, and Outcomes in Cross-Racial Therapy*. Symposium presented at the 31<sup>st</sup> Annual Winter Roundtable on Cultural Psychology and Education, Teachers College, Columbia University, New York, NY.
- Okazaki, S., Chang, D.F., Saw, A. (2013, August). *Asian American Women and Leadership*. Interactive discussion conducted at the Annual Meeting of the Asian American Psychological Association, Honolulu, HI.
- Chang, D.F. (2013, August). *Beyond Reason: Operationalizing Culture and Spirituality in the Age of EBTs*. Symposium conducted at the Annual Meeting of the American Psychological Association, Honolulu, HI.
- Chang, D.F. (2013, May). *Beyond Reason: Exploring the Healing Potential of Cultural and Spiritual Wisdom in Three Cultural Communities*. Symposium conducted at the Annual Meeting of the Society for the Study of Psychiatry and Culture, Toronto, Canada.
- Chang, D.F. (2013, February). *Brokering Cultural Ruptures: Lessons Learned from a Community-Based Study of Chinese and Latino Patients with Limited English Proficiency*. Workshop conducted at the 30<sup>th</sup> Annual Winter Roundtable on Cultural Psychology and Education, New York, NY.
- Chang, D.F. (2013, February). *Studying Psychotherapy Processes with Racial/Ethnic Minority Patients: Methodological Advances and Preliminary Findings*. Symposium conducted at the 30<sup>th</sup> Annual Winter Roundtable on Cultural Psychology and Education, New York, NY.
- Chang, D.F. (2013, February). *Measuring Racial Microaggressions: A Critical Analysis of Current Methods*. Symposium conducted at the 30<sup>th</sup> Annual Winter Roundtable on Cultural Psychology and Education, New York, NY.
- Chang, D.F. (2012, August). *Culturally-informed Approaches to Conducting Psychotherapy Process Research with Racial/Ethnic Minority Patients*. Symposium conducted at the Annual Meeting of American Psychological Association, Orlando, FL.
- Chang, D.F. (2012, June). *Culturally-informed Approaches to Conducting Psychotherapy Process Research with Racial/Ethnic Minority Patients*. Symposium conducted at the Annual Meeting of the Society for Psychotherapy Research, Virginia Beach, VA.
- Chang, D.F. (2008, August). *Making Cross-Racial Therapy Work: Findings from a Phenomenological Study of Patients' Experiences of Cross-Racial Therapy*. Symposium conducted at the Annual Meeting of the American Psychological Association, Boston, MA.

Chang, D.F. (2008, February). *Creating Successful Cross-Racial Therapy Relationships: Emerging Findings from a Phenomenological Study of Clients' Experiences of Working with a Racially/Ethnically Different Therapist*. Symposium conducted at the 25<sup>th</sup> Annual Meeting of the Winter Roundtable on Cultural Psychology and Education, Teachers College, Columbia University, NY, NY.

Chang, D.F. (2005, November). *Intimate Partner Violence in Asian Families: Findings from the United States and China*. Symposium conducted at the Fourth Pan-Asia Pacific Conference on Mental Health, Shanghai, China.

### **INVITED RESEARCH TALKS AND COLLOQUIA (39 TOTAL)**

Chang, D.F. (2019, June). *Dismantling oppression from the inside out*. Invited plenary talk, 2019 Mind & Life Summer Research Institute, *Exploring Mental Habits: Contemplative Practices and Interventions for Individual and Social Flourishing*. Garrison, NY.

Chang, D.F. (2019, June). *Contemplative pedagogy*. Invited breakout session, 2019 Mind & Life Summer Research Institute, *Exploring Mental Habits: Contemplative Practices and Interventions for Individual and Social Flourishing*. Garrison, NY.

Chang, D.F. (2019, June). *Letting nature take its course: Harnessing Taoist wisdom to promote adaptation in the Chinese immigrant context*. Invited plenary panel, Culturally-congruent service delivery models of mental health care for Asian-Americans/Asians presented at the *Opportunities and Challenges: Finding Solutions to Better Serve Asian-Americans and Asians Mental Health* conference, P.E.A.R.L. Institute of New York and Silver School of Social Work, NYU Kimmel Center, NY.

Chang, D.F. (2019, May). *Mental health professionals and self-care: An introduction to mindfulness approaches*. Invited professional development presentation, New York Center for Asian American Mental Health.

Chang, D.F. (2018, October). *Suffering, healing, and lives in context: A call for compassion in mental health care*. Invited keynote presentation, *Social Justice in Public Health and Healthcare*. Humanity in Action Annual Fall Conference, New York, NY.

Chang, D.F. (2018, September). *Negotiating the therapeutic alliance with racially and culturally different clients*. Invited workshop presentation, Diversity Series Speaker, Graduate Program in Psychological Clinical Science, Department of Psychology, University of Toronto Scarborough, Toronto, ON, Canada.

Chang, D.F. (2018, July). *The psychological impact of Taoism among Chinese immigrants: Adaptive strategies for a chaotic world*. Invited workshop presentation, Department of Psychiatry, Central South China University, Hunan, China.

Chang, D.F. (2018, April). *Culture and psychotherapy*. Guest lecturer, NYU Shanghai School of Social Work, Cultures of Psychology course.

Chang, D.F. (2018, April). *How do race, culture, and other social identities shape clinical interactions?* Invited colloquium presentation, Lunchtime Colloquium Series, NYU Shanghai and NYU School of Social Work.

Chang, D.F. (2017, November). *The psychological impact of Taoism among Chinese immigrants: Adaptive strategies for a chaotic world*. Invited colloquium presentation, Psychology Department Colloquium Series, Hunter College, CUNY.

Chang, D.F. (2017, November). *Mining traditional Chinese wisdom: What does Taoism have to offer?* Invited colloquium presentation, Contemplative Science Series, Division of Social and Transcultural Psychiatry, McGill University, Montreal, QC, Canada.

- Chang, D.F. (2016, February). *Cultural competence in the digital world: Centering voices of emerging scholars*. Plenary panel conducted at the annual convention of the 33<sup>rd</sup> Annual Winter Roundtable on Cultural Psychology and Education, Teachers College, Columbia University, New York, NY.
- Chang, D.F. (2015, November). *Alliance-Focused Training: Supervision*. Plenary panel at Alliance Focused Training: Research and Practice, A One-Day Science to Practice Workshop, North American Chapter, Society for Psychotherapy Research, New York, NY.
- Chang, D.F. (2013, May). *Returning to the source: Taoist Cognitive Therapy for Chinese immigrants with generalized anxiety disorder*. In D.F. Chang (Chair), *Beyond Reason: Exploring the Healing Potential of Cultural and Spiritual Wisdom in Three Cultural Communities*. Invited symposium conducted at the Annual Meeting of the Society for the Study of Psychiatry and Culture, Toronto, ON, Canada.
- Chang, D.F. (2013, May). *Taoist Cognitive Therapy*. Invited workshop presentation, Internship seminar, Hamilton-Madison House, New York, NY.
- Chang, D.F. (2013, May). *Cultural competence: In search of a scientifically grounded theory*. Invited plenary presentation, Diversity Day, The Gordon F. Derner Institute of Advanced Psychological Studies, Adelphi University, NY.
- Chang, D.F. (2012, December). *A fly on the wall: Exploring psychotherapy processes and outcomes with racial/ethnic minority patients working with Euro-American therapists*. Invited presentation, Counseling Psychology Forum, Department of Applied Psychology, New York University, NY.
- Chang, D.F. (2012, May). *Chinese Taoist Cognitive Psychotherapy*. Invited workshop presentation, Internship seminar, Hamilton-Madison House, New York, NY.
- Chang, D.F. (2012, March). *Cultural case formulation of a Taiwanese American woman*. Invited discussant, Clinical Case Conference, Department of Psychiatry, Columbia University, New York State Psychiatric Institute, NY
- Chang, D.F. (2012, January). *Working with Asians and Asian Americans in Therapy*. Invited plenary presentation, Annual Metropolitan Counseling Center Conference, New School for Social Research, NY.
- Chang, D.F. (2011, May). *Cultural considerations for domestic violence and sexual assault patients*. *The Clinical Intersection: A practical discussion of Connecticut's course mandates*. Invited presentation, Yale School of Medicine, New Haven, CT.
- Chang, D.F., Cabassa, L., & Lewis-Fernandez, R. (2011, January). *Conceptualizing interpreters as cultural brokers: A novel approach to providing cultural competent mental health care for patients with limited English proficiency*. Invited presentation, Division of Mental Health Services and Policy Research weekly speaker series, New York State Psychiatric Institute.
- Chang, D.F. (2010, November). *Adventures in global psychiatry*. Invited panel discussant, symposium organized by the Global/Public Psychiatry Resident Interest Group, Columbia Presbyterian Hospital, New York State Psychiatric Institute.
- Chang, D.F. (2010, June). *Pooling Collective Wisdom: Adapting Chinese Taoist Cognitive Psychotherapy to Reflect Best Practices in the Treatment of Generalized Anxiety Disorder*. In D. Hien (Chair), *Prevention Sciences and Treatment Research with AAPI Populations*. Invited presentation, Symposium conducted at the 2010 National Institute on Drug Abuse Asian American and Pacific Islander Workgroup Conference, Advancing API Drug Abuse/Mental Health Prevention Sciences and Treatment: Transdisciplinary Frameworks.
- Chang, D.F. (2009, January). *Cultural case formulation of a Chinese American woman*. Invited discussant, Clinical Case Conference, Department of Psychiatry, Columbia University, New York State Psychiatric Institute, NY.



- Chang, D.F. (2008, December). *Cultural case formulation of an Asian woman with bipolar disorder*. Invited discussant, Clinical Case Conference, Department of Psychiatry, Columbia University, New York State Psychiatric Institute, NY.
- Chang, D.F. (2008, May). *An ecological model of intimate partner violence against Asian American women*. Invited presentation, Innovations in Research on Culture, Mental Health, and Mental Health Services: Celebrating 24 years of the Harvard NIMH Training Program. Boston, MA.
- Chang, D.F. (2008, March). *Creating successful cross-racial therapy relationships: A phenomenological study of patients' experiences of therapy*. Invited colloquium presentation, The Steinhardt School of Culture, Education, and Human Development's Commission on Gender, Race, and Social Justice Lunchtime Speaker Series, New York University, New York, NY.
- Chang, D.F. (2007, May). *What's race got to do with it? Patient experiences of working with a racially-different therapist*. Invited presentation, Russell-Sage Foundation and NIMH Workshop, How Does Culture Make a Difference in American Mental Health Care? Perspectives from Greater Boston. Harvard University, Boston, MA.
- Chang, D.F. (2006, November). *Prevalence of intimate partner violence in a national sample of Asian Americans*. Workshop on Culture-Specific Interventions for Asian Batterers. Invited presentation, the Center for Intervention and Prevention Research on HIV and Drug Abuse (CIPRHDA) and Social Intervention Group, Columbia University School of Social Work and the New School for Social Research. Columbia University, New York, NY.
- Chang, D.F. (2006, September). *Methodological issues in studying psychotherapy process and outcome*. Invited presentation, Wuhan Hospital for Psychotherapy, Wuhan, Hubei, China.
- Chang, D.F. (2006, September). *Evidence-based practices in psychotherapy: Evaluating the effectiveness of psychotherapy*. Invited presentation, Wuhan Hospital for Psychotherapy, Wuhan, Hubei, China.
- Chang, D.F. (2004, December). Acculturation and mental health: The case of Asian Americans. Invited presentation as part of panel discussion, *Latino Mental Health, Acculturation, and the Discourse on Decline: Comparative Perspectives*. Department of Social Medicine, Harvard Medical School.
- Chang, D.F. (2003, February). *The Politics of Science: The making of Mental Health: Culture, race, and ethnicity*, A Supplement to *Mental Health: A Report of the Surgeon General*. In J. Jenkins (moderator), Culture Matters: Diversity and disparities in mental health care and negotiating patients' and clinicians' expectations of the clinical encounter. Invited presentation, Russell Sage Conference on Medicine, Health Care and Cultural Diversity, New York, NY.
- Chang, D.F. (2002, May). *Is feminism relevant here? Negotiating responses to domestic violence in Asian immigrant communities*. Invited presentation, Psychiatry and Disparities in Neo-liberal Contexts seminar, Medical Anthropology and Cultural Psychiatry Research Seminar, Department of Social Medicine, Harvard Medical School.
- Chang, D.F. (2002, March). *Defining deviance: The sociocultural context of appraisal*. Invited colloquium presentation, Research Colloquium at the Committee on Human Development, University of Chicago, Chicago, IL.
- Chang, D.F. (2002, January). *Cultural conflicts: Negotiating solutions to domestic violence in Asian immigrant communities*. Invited presentation, Culture and Mental Health Seminar Series, Cambridge Hospital, Boston, MA.
- Chang, D.F. (2001, May). *Methodological and Conceptual Issues in Conducting Research on Race*. Invited discussant, Culture and Mental Health Research Conference, sponsored by the Department of Social Medicine, Harvard Medical School, Boston, MA.

Chang, D.F. (2001, March). Neurasthenia as social commentary: The creation of meaning and personal identity. Invited presentation, Medical Anthropology and Cultural Psychiatry Research Seminar, *Postcolonialism, Psychiatry, and Lived Experience*, Department of Social Medicine, Harvard Medical School, Boston, MA.

**POSTER PRESENTATIONS** (\*graduate students under my supervision) (33 TOTAL)

- \*Whitney, J., & Chang, D.F. (2019, May). *Interpersonal benefits of meditation practice: Developing an observer measure*. Poster to be presented at the Annual Meeting of the American Psychological Society, Washington, DC.
- \*Gardella, J., \*Rodriguez, R., & Chang, D.F. (2019, August). *An intersectional analysis of the experiences of queer and gender diverse therapists of color*. Poster to be presented at the Annual Convention of the American Psychological Association, Society for the Psychological Study of Sexual Orientation and Gender Diversity (Division 44) Poster Session, Chicago, IL.
- \*Omid, M., Blocker, M., Dunn, J., & Chang, D.F. (2019, April). *Content analysis of the literature on psychoanalysts of color: 1962 to 2018*. Poster to be presented at the Annual Meeting of the American Psychological Association Division 39 (Psychoanalysis), New Orleans, LA.
- \*Blocker, M., \*Omid, M., \*Dunn, J., & Chang, D.F. (2019, February). *A systematic review of the literature on therapists of color*. Poster to be presented at the 36<sup>th</sup> Annual Winter Roundtable, Teachers College, Columbia University, New York, NY.
- \*Dunn, J., \*Khedari, V., Chang, D. F., Wierzbinska, E., (2018, Spring and Fall). *When the campus is not a sanctuary: Assessing the needs of undocumented students at private universities*. Poster presented at the 38th Annual APA Division 39 Spring Meeting, New Orleans, LA (April 2018); World Congress of Cultural Psychiatry, New York, NY (October 2018).
- \*Litwin, H., \*Chirico, T., \*Smith, G., \*Williams, S., \*Hernández-Vega, A., \*Crawford, S., Dzogoto, V., Chang, D.F. (2018, Summer). *Culturally Adapting an Observer Measure of the Working Alliance for Black Americans*. Poster presented at the following conferences: Society for Psychotherapy Research 49th Annual Conference: "Integrating Diversity into Psychotherapy Research, Amsterdam (June 2018); Annual Convention of the American Psychological Association, San Francisco, CA (August 2018); World Congress of Cultural Psychiatry, New York, NY (October 2018).
- \*Miao, I.Y., \*Whitney, J., & Chang, D.F. (2018, June). *Balancing inaction and action: Taoist orientation and its cultural implications for psychological well-being*. Poster presented at the Mind & Life Summer Research Institute, Garrison, NY.
- \*Dunn, J., \*Adely, J., \*Williams, S., \*McCauley, K., \*Rodriguez, R., & Chang, D. F. (2017, January). *"Race doesn't bother me": White therapy clients' approaches to working with therapists of color*. Poster presented at 10th Biennial National Multicultural Conference and Summit, Portland, OR.
- \*Dunn, J., \*Williams, S., \*Adely, J., & Chang, D. F. (2016, February). *"Race doesn't bother me": Pilot interviews of White clients in interracial therapy dyads*. Poster presented at 33rd Annual Winter Roundtable, Teachers College, Columbia University, New York, NY.
- \*Miao Y., Chang, D., & Zhang, Y. (2016, October). *Development and Validation of the Taoism Values Inventory*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Chang, D.F., \*Ng, N., Chen, T., Cao, Y.P., & Zhang, Y. (2018, June). *A pilot study of Taoist Cognitive Therapy for the treatment of generalized anxiety*. Poster presented at the Mind & Life Summer Research Institute, Garrison, NY.

- \*Dunn, J., \*Williams, S., Adely, J., & Chang, D.F. (2016, February). "Race doesn't bother me": White clients' counseling relationships with therapists of color. Poster presented at the annual convention of the 33<sup>rd</sup> Annual Winter Roundtable on Cultural Psychology and Education, Teachers College, Columbia University, New York, NY.
- \*Miao, I., \*Ling, A., & Chang, D.F. (2016, February). "Let nature takes its course": Taoist cognitive beliefs and its relationship to psychological well-being. Poster presented at the annual convention of the 33<sup>rd</sup> Annual Winter Roundtable on Cultural Psychology and Education, Teachers College, Columbia University, New York, NY.
- \*Soyeju, K., \*Ng, N., & Chang, D.F. (2016, February). Does early phase therapist self-disclosure enhance therapeutic alliance in White counselor-minority client dyads? Poster presented at the annual convention of the 33<sup>rd</sup> Annual Winter Roundtable on Cultural Psychology and Education, Teachers College, Columbia University, New York, NY.
- \*Kanhai, G., & Chang, D.F. (2016, February). Acculturation, enculturation, and Indo-Caribbean depression. Poster presented at the annual convention of the 33<sup>rd</sup> Annual Winter Roundtable on Cultural Psychology and Education, Teachers College, Columbia University, New York, NY.
- \*Waters, S.B., Taylor, J., Chang, D.F., & Muran, J.C. (2014, August). Intersecting identities: A qualitative analysis of sexual orientation and racial identity in two cross-cultural psychotherapy dyads. Poster presented at the annual convention of the American Psychological Association, Washington, D.C.
- \*Waters, S.B., \*Reyes, L., \*Prout, J., \*Huynh, T., & Chang, D.F. (2014, August). Role of cultural disclosures in engagement: Analysis of first sessions in cross-racial psychotherapy. Poster presented at the annual convention of the American Psychology Association, Washington, D.C.
- \*Somerville, W., & Chang, D.F. (2014, February). The impact of clinician-perpetrated racial microaggressions: Group-level differences in new scale items. Poster presented at the 31<sup>st</sup> Annual Winter Roundtable on Cultural Psychology and Education, Teachers College, Columbia University, New York, NY.
- \*Dimond, J., Chang, D.F., & Rubin, L. (2013, August). *Dangerous children: Cultural childhood gender performance anxiety*. Poster presented at the annual meeting of the American Psychological Association, Honolulu, HI.
- \*Borlakov, M., Chang, D.F., & Katuzny, K. (2012, August). *Gay men, body image, and self-esteem: The differential role of masculinity*. Poster presented at the annual meeting of the American Psychological Association, Orlando, FL.
- Ruglass, L.M, Hien, D., Hu, M-C., Caldeira, N., Campbell, A.N.C., Jiang, H., Miele, G., Nunes, E.V., & Chang, D.F. (2009, August). *Ethnic match, therapeutic alliance, and treatment outcomes among women with trauma and addictions*. Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.
- \*Feldman, K., & Chang, D.F. (2009, August). *Bridging the gap: Therapists' perspectives on the contributing factors for positive outcome in cross-racial therapy*. Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.
- \*Yoon, P. & Chang, D.F. (2007, October). *Exploring ethnic identity: Themes from 8 Asians in therapy*. Poster presentation at the 7<sup>th</sup> Annual Diversity Challenge: Race and Culture Intersections in Scientific Research and Mental Health Service Delivery for Children, Adolescents, and Families. Sponsored by the Institute for the Study and Promotion of Race and Culture, Boston, MA.
- \*Berk, A., Chang, D.F., et al. (2007, August). "Americans sound like robots" – *The immigrant client's experience in therapy*. Poster presentation at the annual meeting of the American Psychological Association, San Francisco, CA.

- \*Haeri, S., & Chang, D.F. (2007, May). *Innovative approaches to designing culturally relevant interventions for Asian and Pacific Islander American victims of domestic violence: Collaborations in research and service provision*. Poster presentation at the annual meeting of the American Psychiatric Association, San Diego, CA.
- Chang, D.F., & \*Haeri, S. (2007, May). *Innovative approaches to assessing access to care and barriers to help-seeking: A demographic ethnic-specific analysis of patient needs for Asian-American and Pacific Islander victims of domestic violence*. Poster presentation at the annual meeting of the American Psychiatric Association, San Diego, CA.
- \*Hijioka, S., Chang, D.F., \*Yoon, P., \*Berk, A., \*Suero, J., & Kaplan, J.S. (2006, August). *Clients' Experiences of Cross-Racial Therapeutic Dyads: Recommendations for Therapists Working with Racially Different Clients*. Poster presentation at the annual meeting of the Asian American Psychological Association, New Orleans, LA.
- Chang, D.F., \*Suero, J., \*Hijioka, S., Kaplan, J.S., \*Lopez, E., \*Berk, A., & \*Yoon, P. (2006, August). *What's race got to do with it? Clients' subjective experiences of therapy with a racially-different therapist*. Poster presentation at the annual meeting of the American Psychological Association, New Orleans, LA.
- \*Hijioka, S., Chang, D.F., Ogles, B., & Laria, A. (2004, July). *Latino and Anglo parents' ratings of child behavior problems: The effects of gender, ethnicity, and problem type*. Poster presented at the annual meeting of the American Psychological Association, Honolulu, Hawaii.
- Chang, D.F., & Sue, S. (2000, April). *Teachers' assessment of behavior problems in ethnically diverse students*. Poster presented at the annual convention of the Western Psychological Association, Irvine, CA.

#### **INVITED DIVERSITY TRAININGS, FACILITATED DIALOGUES, AND WORKSHOPS ON EQUITY, IDENTITY, AND INCLUSION (17 TOTAL)**

- Chang, D.F. (2019, April-May). Developed and delivered a 4-session course of personalized training for a faculty member to promote cultural awareness, humility, and knowledge and skills in culturally-inclusive pedagogy. School of Professional Studies, New York University.
- Chang, D.F., & Kaplan, J. S. (2018, September). *Cultural competence workshop: Creating an inclusive community*. Day-long workshop for staff, faculty, and members of the Board of Directors, Nalanda Institute for Contemplative Science, New York, NY.
- Chang, D.F. (2017, December). *Having difficult conversations*. Invited workshop presentation, Faculty Development Workshop, The New School.
- Chang, D.F. (2017, April-June). *Is it OK to say.....?* Facilitator and co-organizer of a 3-part series of panel discussions and difficult dialogues for parents, teachers, and staff. Compass Charter School, Brooklyn, NY.
- Chang, D.F. (2016, December). *Social justice and mindfulness in education: Gratitude and self-compassion*. Interactive diversity training and community-building workshop for administrators, teachers, and staff. Compass Charter School, Brooklyn, NY.
- Chang, D.F. (2016, August). *Social justice and mindfulness in education: Building an intentional community*. Interactive diversity training and community-building workshop for administrators, teachers, and staff. Compass Charter School, Brooklyn, NY.
- Chang, D.F., & Waters, S. (2015, December). *Issues in working with LGBTQ populations*. Invited workshop presentation, Karen Horney Clinic, New York, NY.

- Chang, D.F. (2015, May). *Talking to your kids about race (and racism)*. Interactive discussion for parents of K-3 children. Sponsored by the Family-School Collaborative, Compass Charter School, Brooklyn, NY.
- Chang, D.F. (2015, March). *Talking to your kids about race*. Workshop for parents of K-3 children. Sponsored by the Family-School Collaborative, Compass Charter School, Brooklyn, NY.
- Chang, D.F. (2015, February). *Social justice and mindfulness in education: Cultural self-assessment*. Interactive diversity training and community-building workshop for administrators, teachers, and staff. Compass Charter School, Brooklyn, NY.
- Chang, D.F. (2014, October). *Social justice and mindfulness in education: Social identity, power, and privilege*. Interactive diversity training and community-building workshop for administrators, teachers, and staff. Compass Charter School, Brooklyn, NY.
- Chang, D.F. (2014, December). *Power & Praxis Workshop #3: Planning your next course: Social Justice Pedagogy*. Workshop series developed and chaired for faculty and staff of Eugene Lang College, The New School.
- Chang, D.F. (2014, October). *Power & Praxis Workshop #2: Strategies for facilitating difficult dialogues in the classroom*. Workshop series developed and chaired for faculty and staff of Eugene Lang College, The New School.
- Chang, D.F. (2014, September). *Power & Praxis Workshop #1: Creating safer classroom spaces*. Workshop series developed and chaired for faculty and staff of Eugene Lang College, The New School.
- Chang, D.F. (2014, August). *Culture, power, and the creation of inclusive contemplative community*. Consultation and workshop with the Board of Directors. Insight Meditation Society, Barre, MA.
- Chang, D.F. (2008, July-September). *Clinical considerations in working with Asian Americans*. Invited clinical workshop (two-part series), New School Student Counseling Center, New York, NY.
- Chang, D.F. (2006, June). *Can you help me? Strategies for effective cross-cultural engagement in therapy*. Invited presentation, American Institute of Cognitive Therapy, New York, NY.

#### **COMMUNITY PRESENTATIONS AND WORKSHOPS (8 TOTAL)**

- Chang, D.F., & \*Miao, I.Y. (2017, October). *Cultural adaptation, adjustment, and well-being*. Interactive mental health workshop for Chinese immigrant ESL students at Career Mobility Project, New York, NY.
- Chang, D.F., & \*Miao, I.Y. & \*Kaplan, B. (2017, May). *Navigating cross-cultural relationships: Comparisons of norms in U.S. and Chinese contexts*. Interactive mental health workshop for Chinese immigrant ESL students at Career Mobility Project, New York, NY.
- Chang, D.F., \*Miao, I.Y., \*Ng, N., & \*Kaplan, B. (2017, February). *Cultural adaptation, adjustment, and well-being*. Interactive mental health workshop for Chinese immigrant ESL students at Career Mobility Project, New York, NY.
- Chang, D.F., \*Miao, I.Y., \*Ng, N., & \*Lu, R. (2016, October). *Cultural adaptation, adjustment, and well-being*. Interactive mental health workshop for Chinese immigrant ESL students at Career Mobility Project, New York, NY.
- Chang, D.F., \*Miao, I.Y., \*Ng, N. & \*Lu, R. (2016, June). *Immigration, adjustment, and well-being*. Interactive mental health workshop for Chinese immigrant ESL students at Career Mobility Project, New York, NY.

Chang, D.F., \*Miao, I.Y., & \*Ng, N. (2016, February). *Immigration, adjustment, and well-being*. Interactive mental health workshop for Chinese immigrant ESL students at Career Mobility Project, New York, NY.

Chang, D.F. (2008, April). *Boundaries, roles, and ethics in working with Asian American survivors of domestic violence*. Presentation at the New York City Asian Women's Shelter, NY.

Chang, D.F., & Haeri, S. (2006, June). *Preliminary findings from the ASAP Online Database Project*. Presentation at the Asian Task Force Against Domestic Violence, Boston, M.A.

## WEBINARS/ TRAINING PROGRAMS/ PODCASTS

Chang, D.F., Chapman, L. Kevin, Chavira, D., & Hope, D. (2016). [\*Enhancing the Cultural Sensitivity of Interventions for Anxiety and Depression\*](#). Podcast recorded by the Anxiety and Depression Association of America.

Featured Clinician, *The Cultural Formulation Interview Training video*. (2017). Produced by the New York State Center of Excellence for Cultural Competence and the New York State Department of Mental Health.

Chang, D.F., & Alvarado-Little, W. (2012, April). *Bridging cultural distance: Strategies for working with interpreters to enhance mental health care for patients with limited English proficiency*. Webinar conducted for the New York State Office of Mental Health Bureau of Cultural Competence.

Chang, D.F., & Alvarado-Little, W. (2010, August). *Bridging cultural distance: Strategies for working with interpreters to enhance mental health care for patients with limited English proficiency*. Webinar conducted for the New York State Office of Mental Health Bureau of Cultural Competence.

## BLOG

"The Elephant in the Room: Race, Culture, and the Therapy Relationship"  
<http://www.psychologytoday.com/blog/the-elephant-in-the-room>

## MEDIA COVERAGE

[Preventing racial bias in the classroom: What one researcher hopes to learn](#). Mind & Life Institute Blog (March, 23, 2018). Mindandlife.org

Hackman, R. "[Your therapist is white. You're not. Is this a problem?](#)" (May 28, 2016). *The Guardian*.

Girdusky, R. "[Do conservative students receive trigger warnings? We asked three professors](#)" (Jan. 31, 2017). RedAlertPolitics.com

"[Talking to Kids about Race and Police Violence](#)" (2016), BK Live, BRIC TV.

"[Changing the Face of Medicine: Black Women in Medicine](#)" (2016). Documentary film directed by Crystal Emery.

"Stigma and Mental Illness in Asian American Communities: Barriers to Mental Health Services for Asian Americans" (2010). "As of Right" with Noel Jefferson, Manhattan Neighborhood Network.

"In Treatment: Up Close and Personal" (2009), HBO documentary film on therapists and patients.

*APA Monitor* (2006, February), "Asian American Mental Health", Special issue devoted to Asian-American Psychology, pp. 44-46.

## CLINICAL POSITIONS

- 2014-present **Independent Practice**, Soho CBT+ Mindfulness Center, New York, NY  
2009-present **Independent Practice**, New York, NY  
2006-2009 **Staff Psychologist**, American Institute for Cognitive Therapy, New York, NY  
2002-2004 **Clinical Psychologist/Postdoctoral Fellow**, Health Recovery Services, Athens, OH  
2002 **Visiting Fellow**, Department of Psychiatry, Victims of Violence (VOV) program and Community Crisis Response Team, The Cambridge Hospital, Boston, MA  
2000-2001 **Postdoctoral Psychology Fellow**, South Cove Community Health Center, Department of Behavioral Health, Boston/Chinatown, MA  
1999-2000 **Psychology Intern**, Pacific Clinics East & Asian Pacific Family Center, Los Angeles, CA

## PROFESSIONAL ACTIVITIES AND SERVICE

### Editorial Positions:

- Associate Editor, *Frontiers in Psychology*, Cultural Psychology section (2018-present).
- Advisory Editorial Board, *Psychotherapy Research* (2013-present)
- Editorial Board/Case Study Section Editor, *Journal of Asian American Psychology* (2011-present)
- Consulting Editor, *Cultural Diversity and Ethnic Minority Psychology* (2016-2017)
- Ad-hoc Reviewer, *Culture, Medicine and Psychiatry*; *Journal of Consulting and Clinical Psychology*; *Cultural Diversity and Ethnic Minority Psychology*; *American Journal of Orthopsychiatry*; *Journal of Clinical Psychology*; *Quality of Life Research*; *Medical Care*; *Journal of Health and Social Behavior*; *Journal of Social and Personal Relationships*; *International Journal of Psychology*; *Applied Cognitive Psychology*; *Psychosomatics*; *Sage Publications*; *Journal of Immigrant and Minority Health*; *Frontiers in Cultural Psychology*; *Adoption Quarterly*.

### Conference Programs Chaired

- **2015 Convention Chair, Division 45 (Society for the Psychological Study of Culture, Ethnicity, and Race)**, Annual Convention of the American Psychological Association, Toronto, ON, Canada. Managed call for proposals, invitation of plenary panel speakers, recruitment and organization of review and selection process for symposia and poster abstracts, logistical planning for social programming and special events.
- **2008 Co-Chair, National Convention of the Asian American Psychological Association**, "Interdisciplinary Approaches to Resisting Ethnocentrism, Racism and Intersecting Oppressions: Practice, Research, Theory, and Community Interventions", Boston, MA. (2007-2008). Managed call for proposals, invitation of plenary panel speakers, recruitment and organization of review and selection process for symposia and poster abstracts, logistical planning for social programming and special events.
- **2006 Co-Chair, National Convention of the Asian American Psychological Association**, "Strengthening our Voice: Building Alliances within and among Communities", New Orleans, LA. (2005-2006)

### Grant Reviewer:

NIMH, BSTART program; Mind & Life Institute PEACE grants program (2019)

## **Positions in Professional Associations:**

### ***Mind and Life Institute***

- Mind & Life Research Conference Planning Committee (2020)

### ***American Psychological Association***

- *APA Division 45 (Society for the Psychological Study of Culture, Ethnicity, and Race), Executive Board, Member-at-Large, Asian American Slate* (2018-2020)
- New York delegation to the APA's 5<sup>th</sup> annual Science Leadership Conference (SciLC) in Washington, D.C. (2009). Hosted by the Board of Scientific Affairs (BSA) and the Science Directorate, the SciLC provided media and lobbying training to enable psychologists to more effectively educate congresspersons about the importance of protecting the peer review process, reducing NIMH budget cuts, and supporting translational research.
- Invited participant in the APA's 4<sup>th</sup> annual Science Leadership Conference (SciLC) held in Tempe, Arizona (2008).
- *APA Division 35 (Division on Women), Board Member, Committee on Early Career Psychologists* (2008-2010)

### ***Asian American Psychological Association***

- AAPA Fellows Mentor (2014)
- Communications Officer, Executive Committee (2006-2009)
- Copy Editor, *Newsletter of the Asian American Psychological Association* (2005-2008)
- Judge, Poster Presentation, 33<sup>rd</sup> Annual Convention, Washington, DC (2005)
- Co-Chair, Division of Women New England Division (2001-2002)

## **National/International Service Positions:**

*Okura Foundation Mental Health Leadership Award, Awards Committee* (2014)

*Examination for Professional Practice in Psychology (EPPP), Association of State and Provincial Psychology Boards, Expert Item-writer for Domain 3 Social/Multicultural Psychology* (2010- 2013)

*Chinese Clearinghouse for Evidence-Based Practice and Policy (CCE) Scientific Advisory Committee (SAC) Member* (2009-2013). Assess the transportability of evidence-based, psycho-social interventions to the Chinese cultural context. Reviews are conducted in cooperation with the California Evidence-Based Clearinghouse for Child Welfare). Reviews are posted at <http://www.cachildwelfareclearinghouse.org/> for dissemination to China.

## **UNIVERSITY LEADERSHIP & SERVICE**

### **University Committees, The New School**

Institutional Review Board (2015-2018)

Zolberg Center on Global Migration, Advisory Board Member (2014-present)

Mental Health Task Force Team (2015-present)

Academic Policy Working Group (2016)

Leadership Group (Role: information sharing and discussion feedback and advice, presentation and information sharing, especially related to major issues discussed by or decisions made by chiefs and deans) (2015-2016)

Faculty Research Fund Committee (2014-2015)

NSSR Appointments and Reappointments Committee (2014-2015)

University Social Justice Committee, Member (2010-2014)

Faculty Recruitment, Retention, Reviews, and Recognition Subcommittee Member



Award for Outstanding Achievement in Diversity and Social Justice Teaching, Selection Committee (2014)

Mutual Mentoring Grant, Selection Committee (2014)

University Diversity Committee, NSSR representative (2005-2009)

Faculty Senate, NSSR Senator (2006-2008)

Faculty Senate, Co-Chair Governance Committee (2006-2008)

Faculty Handbook Summer Working Group (2006)

### **Departmental Committees (Psychology), New School for Social Research**

Director of Clinical Training (2016-present)

Director of Graduate Studies (2015)

Chair, Diversity Committee (2005-present)

Chair, Psychology Department Reappointment Committee (2013-2014)

Faculty Advisor, LGBTQ Identity and Sexuality Psychology Journal Club (2009-present)

Admissions Committee (2006, 2008-2010)

Faculty Search Committee, Clinical Psychology Program (2005-2006)

Graduate Curriculum Committee, Clinical Psychology Program (2005-2006)

Comprehensive Exam Committee (2004-2005)

### **Eugene Lang College**

Faculty Co-Advisor, MULTI: Multiracial Students Association (2018- present)

Faculty Mentor, Dean's Honor Symposium (Spring 2016)

Academic Curriculum Committee (2013-2015)

Co-Chair, "Race, Ethnicity and Curriculum: Theory, Practice and Impact", Mellon Planning Grant (2014)

- Planned three community-wide meetings to discuss how race and ethnicity are represented in the curriculum and campus climate (Spring 2014)
- Co-coordinated the **Power + Praxis** workshop series, three events designed to provide learning opportunities for faculty and teaching fellows in social justice pedagogy (Fall 2014)
- Supervising a syllabus review project involving analysis of a sample of Lang syllabi for curricular content on race and ethnicity (2014-2015)

Director, Ethnicity and Race Minor (2011-2013)

### **ADVISING ACTIVITIES**

#### **New School for Social Research**

Dissertations Chaired: (19 TOTAL)

- **Chrystianne DeAlmeida** (Defended Summer 2007). *To tell or not to tell: An exploration of HIV-related stigma and sociocultural factors that impact HIV/AIDS disclosure among Asian and Pacific Islanders.*
- **Ingi Soliman** (Defended Spring 2008). *The effects of acculturation on Arab-American parent-child dyads.*
- **Shihoko Hijioka** (Defended Spring 2011). *Effects of cultural competency on mental health belief congruency and therapy outcome.*
- **Craig J. Fuller** (Defended Spring 2011). *Gender (role) differences in response to job loss.*
- **Kalli Feldman** (Defended Spring 2012). *Raising "Twinkies" An exploratory study of racial socialization experiences and attitudes among Korean and Chinese transracial adoptees raised by White parents.*
  - ❖ Revised and published in *Asian American Journal of Psychology*
- **Catherine Bitney** (Defended Spring 2012), *Addressing racial and ethnic mismatch early on in therapy: An intervention for early dropout with African American clients.*

- **Iris Abreu** (Defended Summer 2012). *The influence of family ethnic socialization, and parental relationships on ethnic identity in second-generation Latino/a emerging adults: A web-based study.*
- **Laurie Paul** (Defended Spring 2014). *Black clients discussing race with white therapists: A study of verbal and nonverbal behavior.*
- **Monica Thomas** (Defended Spring 2015). *Examining ruptures and resolution strategies with Latino patients.*
- **Chloe Mura** (Defended Spring 2015). *Narratives of trauma-related distress and treatment preferences in Central and West African asylum-seekers.*
- **Jon Dimond** (Defended Fall 2015). *A tricky line I feel: A qualitative thematic analysis of clinician perspectives providing psychological care at the intersection of gender dysphoria and personality disorder.*
- **William Somerville** (Defended Spring 2016). *Peer supervision as a pathway to multicultural competence.*
  - ❖ Revised and published in *Journal of Multicultural Counseling & Development*
- **Lia Okun** (Defended Spring 2016). *Flipping the power dynamic: Therapists of color working with White patients.*
  - ❖ Revised and published in *Journal of Counseling Psychology*
- **Eleonora Calvaca** (Defended Spring 2018). *Exploring individual and dyadic variables influencing the endorsement of suicidal ideation among different modes of assessment in a treatment-seeking sample of college and graduate students.*
- **Jennifer Suero** (Defended Fall 2018). *Beyond ethnic match: Race, racial identity, language and psychotherapy process in ethnically matched Latinx dyads.*
- **Nancy Ng** (Defended Fall 2018). *Taoist Cognitive Group Therapy: A mixed-method approach.*
- **Madeleine Miller-Bottom** (Passed, Fall 2018). *Negotiating a secure base: A study of attachment in the rupture-repair process.*
- **Sophia Williams** (Proposal defended, Spring 2019). *Becoming an African-centered psychologist.*
- **Jordan Dunn** (Proposal defended, Spring 2019). *"You can't deport a movement": Accompanying immigrants through injustice, non-recognition, and mass deportation.*

Master's Theses Supervised: (12 TOTAL)

- **Craig Fuller** (2008). *Passing sexual lines: A functional analysis of passing as straight.*
  - ❖ Revised and published in *Journal of LGBT Issues in Counseling*
- **Nadine Obeid** (2008). *Violence, religion, and Lebanon.*
  - ❖ Revised and published in *Violence Against Women*
- **Kalli Feldman** (2009). *Bridging the gap: Therapists' perspectives on the contributing factors for positive outcome in cross-racial therapy.* \*Poster presented at the 2009 APA Convention
- **Sophia Haeri** (2010). *Predictors of female perpetration of intimate partner violence.*
- **Jon Dimond** (2012). *Dangerous children: Cultural childhood gender performance anxiety.* \*Poster presented at the 2013 APA Convention
- **Monica Thomas** (2012). *Measurement of ruptures in therapy with racial/ethnic minority patients.* \*Paper presented at the 2013 Winter Roundtable on Cultural Psychology and Education
- **William Somerville** (2013). *Measuring racial microaggressions in mental health settings: Psychometric properties of new and existing scales.* \*Paper presented at the 2013 Winter Roundtable on Cultural Psychology and Education
- **Tehani Benjamin** (2017). "Fa'a'amu" child rearing practices in Tahiti: phenomenological experiences and impacts on well-being in adulthood.
  - ❖ Revised and published in *Adoption Quarterly*
- **Hillary Litwin** (2018). *Culturally adapting an observer measure of the working alliance for African Americans.* \*Posters presented at the Society for Psychotherapy Research 49th Annual Conference: Integrating Diversity into Psychotherapy Research, Amsterdam (June 2018);

Annual Convention of the American Psychological Association, San Francisco, CA (August 2018).

- **Maryam Omid** (2018). *Ways of knowing: A participatory-action research project to improve mental health service engagement and quality of care.*
- **Waters, S.** (2019). *Client disclosures of social and cultural identities: A qualitative analysis of engagement in first sessions of cross-racial therapy.*
- **Sophia Williams** (2019). *Towards a multicultural therapeutic alliance: An exploratory study on the relationship between cultural competency and therapeutic alliance.*

Undergraduate Theses Supervised: (7 TOTAL)

#### **Eugene Lang College, The New School**

- **Susannah Whitcher** (2006). *Coping mechanisms in F.S.U. immigrants and Americans: Towards an ethnopsychology of depression.* \*Winner, Senior Work Project Award for Outstanding Psychological Research
- **Josephine Breeland** (2010). *Biracial sibling identity development project: The effects of phenotypic variations on biracial sibling identity development.*
- **Rachel Porter** (2013). *Defining trust in the therapeutic alliance for three female African American clients.*
- **Alexandra Young** (2014). *Social class and the therapeutic relationship.*

#### **The New School for Public Engagement**

- **Caitlyn Limato** (2013). *Availability, agency, and access to food in New York City's low-income immigrant communities.*
- **Tracy Pennito** (2015). *What to study before promoting LGBT rights in Senegal.*
- **Gabrielle Kuhn** (2015). *A survey of transracial and transnational Chinese adoptees' national identity.* \*Winner, NSPE Outstanding Thesis award

#### **OVERSEAS EXPERIENCE**

- 2018, Spring **Visiting Scholar**, NYU-Shanghai, Center for Society, Health, and Medicine, Shanghai, China.
- 1997-1998 **Visiting Scholar-in-Residence**, Hunan Medical University (renamed Central South University), Mental Health Institute, Changsha, Hunan, China
- 1994 **Summer Intensive Chinese Language Program and Research Fieldwork**, Chinese Academy of Social Sciences, Beijing, China
- 1993 **Summer Intensive Chinese Language Program and Undergraduate Thesis Fieldwork**, National Taiwan Normal University, Taipei, Taiwan

#### **COMMUNITY SERVICE**

- 2017-present **Nalanda Institute for Contemplative Science**, New York, NY; Provide consultation and facilitation as part of the Radical Compassion Social Justice project, dedicated to using contemplative practice and social engagement to expose, correct, and heal injustice and oppression in our communities.
- 2014-2019 **Brooklyn Compass Charter School**, Brooklyn, NY; Provide ongoing consultation and diversity training for teaching staff, including consultation on teaching school-aged children about race, ethnicity, and cultural differences.
- 2014 **Insight Meditation Society**, Barre, MA; Provide consultation regarding strategies for reducing racial/ethnic disparities in access to programs and services; provide diversity training for staff and faculty.

- 2006-2007     **Sanctuary for Families**, New York, NY; Offered bilingual assistance and counseling to Chinese victims of violence; collaborated with the Center for Battered Women's Legal Services to address culture-specific issues in working with battered immigrant Chinese populations.
- 2000-2007     **Asian Task Force Against Domestic Violence**, Boston, MA; Assisted in the development of screening and evaluation measures to facilitate outcome measurement and program evaluation; served as a key stakeholder on a community needs assessment project.

#### **CONSULTING WORK**

- 2019           **Cultural Sensitivity Training**. New York University, School of Professional Studies. Provided personalized one-on-one training for a faculty member to promote cultural awareness, humility, and knowledge and skills in culturally-inclusive pedagogy.
- 2018, 2019     **Cultural Competence Training**. Board of Directors and Teaching Faculty, Nalanda Institute for Contemplative Science, New York, NY. Conducted a full day workshop on organizational issues regarding inclusion and diversity.
- 2005           **Expert Consensus Panelist on Cultural Adaptations of Evidence-Based Practices**, Hogg Foundation for Mental Health, Austin, TX. Advised in the development of funding guidelines for cultural adaptations of evidence-based mental health treatments
- 2002           **Clinical Research Consulting**, South Cove Community Health Center, Boston, MA; Provided consultation on methodological issues in a research study on integrating mental health services in an Asian-focused primary care setting.

#### **PROFESSIONAL MEMBERSHIPS**

Anxiety and Depression Association of America (2015-present)  
Society for Psychotherapy Research (2012-present)  
Asian American Psychological Association (1995-present)  
American Psychological Association (1995-present)  
APA Div. 45—Psychological Study of Ethnic Minority Issues (1996-present)  
American Anthropological Association (2003-2007)  
American Psychological Society (2004-2008)

#### **LANGUAGES**

English (native), Mandarin Chinese (advanced)